



MEALS BY MOMS PROGRAM

(SUB-COMMITTEE OF FRIENDS OF FALUN)

What is Meals By Moms?

A group of volunteering parents who prepare a hot lunch option on Fridays and provide food /treats for special functions throughout the year such as:

- ↳ Halloween treats
- ↳ Free Christmas Breakfast lunch
- ↳ Teacher Appreciation Lunch, decoration, classroom/recess supervision
- ↳ Free lunches for all students as funds allow
- ↳ Year-End Celebration

How do I order?

Order forms can be found online in your PowerSchool Parent Portal. Please complete one form per child as per instructions. Electronic notices will be sent through SchoolMessenger when the online forms are available and when they close. No late orders are accepted.

How does it work?

Year after year we've had such a wonderful group of parents who volunteer their time to cook and prepare Fridays hot lunch for the kids. This time is such a great gift and is truly what makes our program a success! The food is purchased by the co-ordinators and waiting in the servery for the volunteers along with instructions. You are always teamed up with 2-3 other volunteers per Friday shift.

How do I sign up to volunteer?

A sign-up sheet for Meals by Moms is on the back of this letter. If you volunteer, you can assume that you will be scheduled 4 to 6 times, dependent on the amount of volunteers, throughout the school year. If you cannot commit to be on the regular schedule we can certainly work you in as a substitute.

MEALS BY MOMS CO-ORDINATORS



Would you like to join our team of co-ordinators? We organize the meals, purchase the food (remitting receipts to Friends of Falun) and schedule the volunteers. Contact one of us!!

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VOLUNTEER REQUEST FORM 2023/24

Our **FRIDAY** lunch program is able to continue year to year with the help of the parents of the Falun School students. If you are able to be a part of this super program and can volunteer 4-6 **FRIDAY** mornings during the school year from **10am till approx. 12:30pm** to prepare and serve lunches, please fill in all the information as it applies to you. A text reminder will be sent the beginning of your week. If you prefer a phone call or email reminder, please indicate it on this form.

NAME: _____

PHONE: _____ **CELL/TEXT:** _____

E-MAIL: _____

I PREFER TO BE CONTACTED BY: (PLEASE CIRCLE ONE)

TEXT

PHONE

EMAIL

Please add me as a regular volunteer to the MXM schedule 4-6 times over the school year.

I am unable to volunteer on a regular basis. Please consider my availability indicated below.

Please add my name to the sub list to be contacted when regular volunteers are unable to serve their shift.

COMMENTS ON AVAILABILITY

Please indicate how often you are able to volunteer, if there are any dates you are unavailable, and any other comments on your availability.

Please note: Once your name has been added to the volunteer list for **MEALS BY MOMS**, a schedule of dates will be forwarded to all volunteers. Please mark your shift dates on your calendar. If you are unable to work your shift please make alternate arrangements by switching with another volunteer or contacting someone on the sub list to cover your shift. Also, please inform Myrna of any change made. This will ensure our **FRIDAY** meals run smoothly with all scheduled volunteers present.

We thank you in advance for your continued interest and support in this program.